SOCCER LEAGUE RULES AND REGULATIONS

All games will be played in accordance with the Laws of The Games as issued by <u>https://www.theifab.com/</u> except as modified or supplemented by these "Rules and Regulations". Any change to these rules and regulations must to be requested at least by two members of the Committee and approved by majority of them.

I. <u>LEAGUE</u>

- **Mission:** RBBSB is a Not for Profit organization for Over 50 Soccer Players that want to play organized, semi competitive, and low-to-no contact soccer for Fun, Friendship and Fitness.
- **Governing Committee** RBBSB governing committee consists of :
 - Coordinator/Commissioner: responsible for managing all league affairs and act as board president for all meetings and vote casting.
 - Treasurer: Manages financial records and money. Acts as secretary if needed.
 - Referee Coordinator: Provisions, Assigns and Manages Referees. Insures all refs know our rules and values. Updates website with assigned refs.
 - Game Supervisor Coordinator: Manages Supervisors for game day activities and official clock and scorekeeper. Validates/Records Official Scores on our website
 - All Teams Captains One Vote per team
 - All positions have no term limits but can be replaced by 2/3 voting majority at anytime
 - Coordinator appoints/nominates candidates to board positions, board must approve
 - 2/3 of board constitutes a quorum making all approved decision binding
 - Each member has the right to one vote unless a board member is also a captain in which case that member has 2 votes.
 - Teams with 2 or more co-captains only have one vote.

• Membership

- Players must be 50+, Goalies 47. No player under 47 allowed
- Over 47 are welcomed but on Coordinator's Supervision for skills and behavior
- Players must provide Full Name, Email, Phone, and Date of Birth to Register
- New players must to be registered no later than a day before the game
- Everyone MUST Sign Team's Roster/Waiver Form
- Players MUST show Drivers License to Coordinator and Game Supervisor upon request
- NO GUEST PLAYERS EVER WE MUST KNOW ALL PLAYERS
- NO REFUNDS AND NO PAY PER GAME
- Coordinator can remove or deny anyone from the league at anytime

- Teams
 - Minimum Roster Size: Indoor: 12; Outdoor: 15; Max Roster Size: 18
 - Any new player must to be registered no later than a day before the game
 - Each Team has a captain, and he is responsible to organize & represent it to the League.
 - Teams should be balanced in age and skills (at least should have one o-60 player)
 - A player is not allowed to switch team during the season without both captains and commissioner approval.
- Fees
 - Season fees are per player (no payment by team).
 - Committee members, Captains and goalies may have different rate.
 - No Refunds. Players that were refunded won't be allowed to play in the league anymore
 - Some players will be credited for next season depending on each situation (injures, health issues, unemployed, etc.).
- Competition
 - There are two season per year: Indoor Season & Outdoor Season Each SEASON has two ROUNDS.
 - Points: Win=5 Tie=3 Loss=2 Forfeit=0

II. <u>GAME</u>

- Outdoor: 9 v 9 (8+G); Indoor: 8 v 8 (7+G)
- Outdoor: 2-35 minutes halves, 3 minutes water break
- Indoor: 55 minutes, 1 minutes water break
- Running clock for all games
- No Offsides; Score from anywhere
- Free and unlimited substitutions
- No slide tackles and no playing ball when player on the ground
- Away Team Kicks Off; Home Team Defends South/West End
- All Restarts are Indirect; Wall Distance is 7 Yards if/when requested
- If distance is requested, then ref must restart play or lose possession
- Team losing by 4 goals difference can add 1 player until difference is 2 goals
- Away team will change t-shirt/jersey color if conflict arises
- One Ref per game and Game Supervisor per Day
- If team is short, helping players from other teams are allowed with Captains' approval

- Team must have 5 of their own players to avoid forfeit
- Teams with more than 3 forfeits will be dismissed and players reassigned
- If player designated as Helping Players are available, they must be used first if a team is short. 2 games max per day. Bye team players if available must be used first.
- Helping Players from other teams, except goalies and Over 60, can only play 2 games max per day even if from bye team.
- No "all star teams" allowed. Teams cannot use only best players in the league as helpers
- Captains can say NO to any helping player, except Over 60 and Bye players. No reason or explanation is needed.
- Goalies and Over 60 players are always allowed as helping players no restrictions
- Captains must cooperate with each other to insure games friendly and fairly played

Dress Code

- Shin guards and socks are mandatory
- Cleats for outdoor; flat or turf shoes for indoor are mandatory
- No jeans, khakis or pants are allowed
- No jewelry (earrings, necklaces, bracelets, etc.) are allowed
- Wear team's color; also bring red & blue league's t-shirts as secondary colors

III. <u>DISCIPLINE</u>

- Games are friendly, Respect Each Other No Aggressive Play
- You Touch Another Player, Ref, or Fan and you are OUT Forever No Refunds
- Coordinator can deny and remove any player from the league at anytime
- Yellow Card, player must come out, not replaced, for 3 min 2 yellow = 1 red
- Red Card, player is out for the current game plus next game
- 2 Red Cards in one season and the player is out for the rest of the season
- 3 Red Cards in 2 Years and player is OUT of the League ForEver
- Yellow cards are cleared at the start of a season
- Red Cards are cleared after 2 years without a red card
- Yellow cards for technical infractions such as handball, game delays, etc not counted toward discipline rules. However, 2 such cards in same game will result in Red card and it will be counted.
- Banned players can make one appeal for restatement to coordinator and captains but no guarantee that appeal will be granted or heard. Most appeal will be denied.